**Beat: Business** 

# Abu Dhabi Sports Council Gets #AbuDhabiFit During Summer With Indoor Sports

## **Abu Dhabi Sports Festival**

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**USPA NEWS -** The Abu Dhabi Sports Council's (ADSC) partnership with the Abu Dhabi National Exhibitions Company (ADNEC) to host the Abu Dhabi Sports Festival continues apace in its second month as people in the city gear up for indoor sports away from the summer heat....

The Abu Dhabi Sports Council's (ADSC) partnership with the Abu Dhabi National Exhibitions Company (ADNEC) to host the Abu Dhabi Sports Festival continues apace in its second month as people in the city gear up for indoor sports away from the summer heat. The Abu Dhabi Sports Festival has drawn in thousands since its launch at the start of Ramadan. State of the art air-conditioned courts within ADNEC are hosting the entire UAE community in sports ranging from badminton, CrossFit, gym, fitness and pump track to bounce, climbing wall, spinning class, inline skating, boxing and running.

Football and volleyball action also gets underway every day as ADSC brings on a bonanza of community sports to help #AbuDhabiFit. Meanwhile, 3-side basketball lights up indoors arenas. Kids get to enjoy honing their drawing skills with the supervised Kids Art Labs. Other activities drawing crowds include in-line skating, paddle tennis, cycling, chess and running.

The Abu Dhabi Sports Festival offers 13 different sports, with activities ranging across venues including ADNEC, Yas Marina Circuit, Abu Dhabi Coutnry Club, Family Development Foundation and Carcal Club.

The first month of the Festival saw exciting football and volleyball tournament action during Ramadan where victorious teams walked away with up to AED 300,000. But indoor arenas across the UAE's capital city are still alive with sports activities and have turned into a hub of community involvement.

Source: Abu Dhabi Sports Council

Ruby BIRD http://www.portfolio.uspa24.com/ Yasmina BEDDOU http://www.yasmina-beddou.uspa24.com/

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Editorial program service of General News Agency: United Press Association, Inc. 3651 Lindell Road, Suite D168 Las Vegas, NV 89103, USA (702) 943.0321 Local (702) 943.0321 Local (702) 943.0233 Facsimile info@unitedpressassociation.org info@gna24.com www.gna24.com